



**STOWMARKET TOWN COUNCIL**  
**PRESS RELEASE**

**TOWN COUNCIL SUPPORTS LOCAL GROUPS THROUGH STOWFUND**

**Background**

Stowmarket Town Council launched StowFund in 2013 to provide financial support to volunteer-led projects and initiatives that benefit the community and/or improve the environment of the Town. Since this time, StowFund has supported over 20 different projects and over the last month, the Town Council has been able to support two more local groups.

**Information**

**Stowmarket Meadlands Men's Shed**

A grant of £1,000 has been awarded to the Stowmarket Meadlands Men's Shed, a local branch of the UK Men's Shed Association which sets out to provide a place where members share the tools and resources they need to work on projects of their own choosing at their own pace and in a safe, friendly and inclusive venue. The group will be a valuable addition to community volunteering within Stowmarket and has already began work in helping other local groups in the town. The grant provided by the Town Council will help with the construction of the shed which will be used to provide this valuable community resource. The group welcomes both men and women from the local community.

**Jam Community Pot**

A grant of £250 has been presented to the Jam Community Pot who organise a three course Christmas Lunch and entertainment for people in Stowmarket who might otherwise not have the means or opportunity to celebrate Christmas. This successful event is now in its third year and attracts over 100 people from the town. It is organised and run by a team of dedicated volunteers who give their time and energy selflessly. The Town Council is delighted to be able to support this very worthy cause by issuing a grant which will enable to organisers to pay for insurance, purchase soft drinks and buy board games.

The Town Mayor, Councillor Barry Humphreys MBE, said: "StowFund provides valuable grant funding for local groups. Both the Stowmarket Meadlands Men's Shed and Jam Community Pot are shining examples of volunteer groups that provide considerable benefit to our community in terms of activity and well-being to a number of people, some of whom may be lonely or struggling".

**Enquiries**

For further information, please contact Michelle Marshall on 01449 612060/  
[michellelm@stowmarket.org](mailto:michellelm@stowmarket.org) or visit the website [www.stowmarket.org/public-services/grants](http://www.stowmarket.org/public-services/grants)



Pictured – Stowmarket Town Mayor, Councillor Barry Humphreys MBE and Alan Page of the Stowmarket Meadlands Men's Shed



Pictured – Jill Roberts of the Jam Community Pot, Mrs Tracey Humphreys, Stowmarket Town Mayor Councillor Barry Humphreys MBE, Michelle Frost of the Jam Community Pot.

**Editors:** For further information, please contact Michelle Marshall, Deputy Town Clerk, Stowmarket Town Council on 01449 612060 / michellelm@stowmarket.org.